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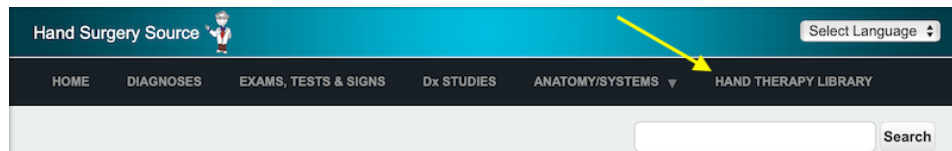


VOLUME 6, NUMBER 11

***HAPPY HOLIDAY SEASON  
FROM HAND SURGERY RESOURCE!***

## **HAND THERAPY LIBRARY NOW AVAILABLE ONLINE**

The new Hand Therapy Library is now available on the Hand Surgery Resource [website](#), and will soon become part of the Hand Surgery Source app!



## Hand Therapy Library

### Exercise and Routine Treatments

ACTIVE ASSISTED RANGE OF MOTION  
ACTIVE RANGE OF MOTION  
DESENSITIZATION  
DEXTERITY  
EDEMA CONTROL  
JOINT PROTECTION EXERCISES

### Therapeutic Modalities

COLD THERAPY  
FLUIDOTHERAPY  
IONTOPHORESIS  
PARAFFIN / MOIST HEAT

### Static Splinting

BLOCKING SPLINT (VOLAR/DORSAL)  
FOREARM BASED THUMB SPICA SPLINT  
FRACTURE SPLINTS  
HAND-BASED THUMB SPLINT

### Dynamic Splinting

DYNAMIC SPLINTING FOR EXTENSOR TENDON INJURIES  
DYNAMIC SPLINTING FOR FLEXION ASSIST  
DYNAMIC SPLINTING FOR FLEXOR TENDON INJURIES

### Special Hand Therapy Protocols

FLEXOR TENDON THERAPY PROTOCOLS

NEUROMUSCLE RE-EDUCATION  
PASSIVE RANGE OF MOTION  
SCAR CONTROL  
STRENGTHENING EXERCISES  
WORK SIMULATION

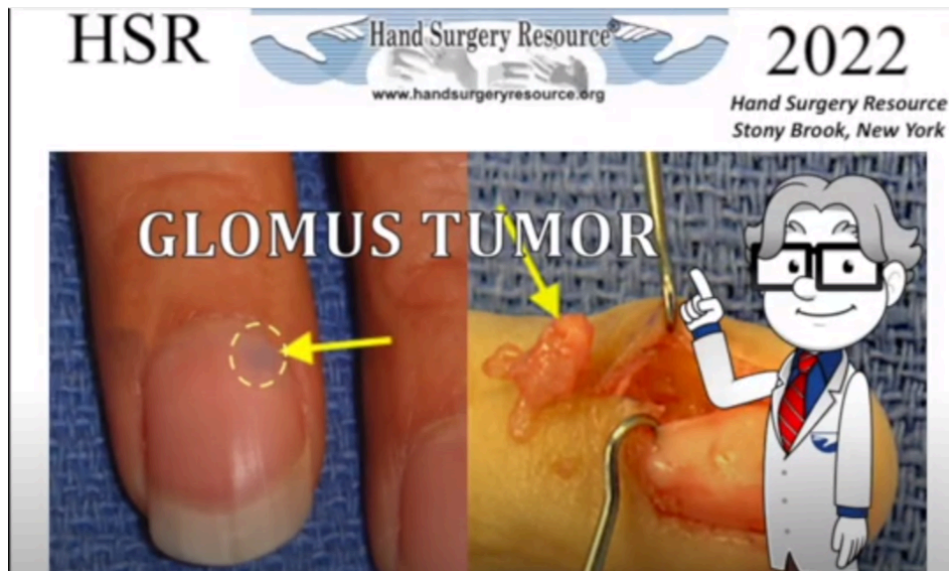
PHONOPHORESIS  
TRANSCUTANEOUS ELECTRICAL NERVE STIMULATION (TENS)  
ULTRASOUND  
WHIRLPOOL

OPPONENTS SPLINT (LONG AND SHORT)  
RESTING SPLINT  
VOLAR EXTENSION SPLINT (DUPUYTREN'S)  
WRIST COCK-UP SPLINT

DYNAMIC SPLINTING FOR INTERPHALANGEAL EXTENSION  
DYNAMIC SPLINTING FOR METACARPOPHALANGEAL EXTENSION

METACARPOPHALANGEAL JOINT ARTHROPLASTY REHABILITATION

## NEW YOUTUBE VIDEO: GLOMUS TUMOR



Visit YouTube Channel

