

SHARE:

[Join Our Email List](#)



VOLUME 10, NUMBER 1

## HAND SURGERY RESOURCE CELEBRATES 10 YEARS!

*Happy New Year to all who celebrate!*

Hand Surgery Resource is celebrating 10 years of providing invaluable educational resources to hand surgery students and professionals around the world. The nonprofit Hand Surgery Resource was started in 2016 to present the fundamental principles of injuries of the hand and upper extremity, diseases of the hand, hand therapy, and hand anatomy. Hand Surgery Resource is now an educational asset of the International Federation of Societies for Surgery of the Hand (IFSSH) where it provides free and open access educational materials worldwide.

We've had immense growth and reach over the years and want to thank you to everyone who's been with us along the way as we finish our first decade of hand educational service!

### Highlights:

- 196 diagnostic guides sections (chapters)
- 160 exams, tests, and signs sections
- 25 diagnostic studies sections
- 40 Hand Therapy Guides (chapters)
- Several search options
- 2,500+ photos and drawings make visualizing the teaching points easy
- 180+ videos supporting the text
- Hand Surgery Source content supported by 4,450+ references with 3,457 links to PubMed
- 51,355 Hand Surgery Source app downloads
- 13,814 Anatomy at Risk app downloads
- 110+ countries reached
- 2.93K YouTube subscribers
- 48 YouTube videos
- 284,000+ video views
- 16 podcasts
- 6,068 podcast views
- 18,174 newsletter subscribers
- 22,065 LinkedIn followers

Hand Surgery Resource also contains Hand Surgery Source 8.0, a free educational app, and now, the Anatomy at Risk 1.0 app. The Hand Source site and app is available in English, Spanish, and French. View our nonprofit educational web site at [www.handsurgeryresource.net](http://www.handsurgeryresource.net) or download our apps at the Apple Store or Google Play below.



[Apple Store](#) | [Google Play](#)



[Apple Store](#) | [Google Play](#)

## NEW DIAGNOSTIC GUIDE: TRIGGER THUMB

Check out the Hand Surgery Resource [website](#) and app for our updated diagnostic guide for **Trigger Thumb**. Trigger thumb, or stenosing tenosynovitis of the thumb, occurs when the flexor pollicis longus tendon cannot pass through the A-1 pulley smoothly. View our new guide to learn more about the anatomy, science and treatment options!



[VIEW TRIGGER THUMB DIAGNOSTIC GUIDE](#)



Hand Surgery Resource | 25 Health Sciences Drive Suite 208 | Stony Brook, NY 11790 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)